

Family Compass Promotion e-Blast

Subject Line: Local COVID-19 resources and supports for children and families

Body:

Community organizations and groups across Waterloo Region are working together to help children, youth and families during the COVID-19 pandemic. We know this is a challenging time! Visit the Family Compass Website to find resources, services, programs and supports in multiples languages. It is updated regularly and it can be accessed by going to www.familycompasswr.ca and clicking on the COVID-19 Response Pop-Up Link.

Resources and supports are organized under these topics:

- Basic Needs
- Mental & Emotional Health
- Safety
- Respite & Relief
- Financial Supports
- People You Can Talk To
- Resources for Adults
- Stuff for Kids & Teens
- Fun
- Learning
- Governmental Resources
- Community Connectedness
- Get Moving