



WCHC
COMMUNITY
HEALTH CENTRE



COMMUNITY HEALTH CENTRE MODEL

- 70+ CHCs in Ontario, many with multiple sites, and 10 Aboriginal Health Access Centres
- Funded by the Ministry of Health, through WWLHIN
- Not-for-profit
- Community governed
- Focus on health promotion and illness prevention



VISION, MISSION & VALUES

Our Vision

- An active, vital community whose residents enjoy optimal health and well-being in all aspects

Our Mission

- Our rural, community-governed health centre leads collaboratively in providing culturally sensitive programs and services: primary health care, illness prevention, and health promotion

Our Values

- Holistic Approach
- Respect and Compassion
- Partnership
- Accountability and Responsibility
- Communication

Our Approach

To achieve our mission, we are committed to sustaining and continuously improving the quality, safety, and effectiveness of our care.

- Competence and expertise of our staff and volunteers in delivering programs and services



WCHC is happy to provide **Primary care** to you and your family in one of our **PCAC (Primary Care Access Clinics)** providing:

- you **do not** have a Primary Care Provider / Family Doctor
- you do not have to reside in the townships of Woolwich, Wellesley or Wilmot, however, if you do, permanent rostering will be available over time.
- if you don't live in the WWW townships, we will still see you and also connect you with our Social Service Worker to assist you in finding primary care closer to your home if you wish to do so.
- if you have Primary Care Provider / Family Doctor but they live far away, our Social Services Worker may be able to help you – to navigate what services other than Primary care, are available to you at WCHC and other things you are looking for.






PCAC

These clinics – called Primary Care Access Clinics (PCAC) are available to people who meet the above criteria on Tuesdays, Wednesdays & Thursdays. A Nurse Practitioner and a Clinical nurse staff these clinics.

You do not need to have OHIP/health care insurance/coverage. This applies to new immigrants, those seeking assylum, international students, GAR (with or without OHIP/health coverage), refugees and those who choose not to have government assisted health coverage (by choice)

These clinics address acute issues / illness (non-emergent), Smoking Cessation, Vaccinations (we run Tdap clinics for pregnant women, as well as Routine and catch-up immunizations), and Preventative Health.





WELL BABY SUPPORT



ARE YOU EXPECTING A BABY OR A PARENT OF YOUNG CHILDREN AND:

- CURRENTLY DO NOT HAVE A PRIMARY CARE PROVIDER/FAMILY DOCTOR
- REQUIRE ROUTINE WELL BABY OR WELL CHILD VISITS
- NEED BREASTFEEDING SUPPORT



WE WOULD BE HAPPY TO CARE FOR YOUR FAMILY!
TO BOOK AN APPOINTMENT IN OUR PRIMARY CARE ACCESS CLINIC, PLEASE
CONTACT US!

519-656-9025

WELLESLEY TOWNSHIP COMMUNITY HEALTH CENTRE
1401 QUEENS BUSH ROAD, WELLESLEY



OTHER PROGRAMS & SERVICES

- Chiropody
- Counselling
- Diabetes education program
- Dietitian services
- Music Therapy
- Youth Programming
- Assistance with Provincial and Federal Dental programs
- Fitness classes






ALLIED HEALTH

We currently have a few allied health staff available for appointments to all (men/women of all ages, including young children) and you do **NOT** have to be a rostered patient or have any form of health insurance/coverage.

If you or anyone you know could benefit from a visit with a dietician, a therapist, or a social navigator/social services worker, etc — you can access them at the Wellesley site, by a phone call or home visit if you are unable to come to the Wellesley site.

Call 519-656-9025 and ask for the service you are interested in or ask for the specific staff member (see below) and they will connect with you to book an appointment.



ALLIED HEALTH ACCESS

- **Brittany Trueman** is a Registered Dietician and can see people of all ages for a variety of topics and care.
- **Amelia Ballak** is a Registered Music Therapist and Psychotherapist and is available for group sessions, music therapy and counselling for all ages.
- **Courtney Bauman** is a Registered Social Service worker is available across all 3 sites in person, by phone to assist any one in need of finding services including social prescribing!



49%

of people who participated in programs through social prescribing felt more connected and less lonely.

Some Examples of Social Prescribing Include:



• Recreational activities



• Completing forms & applications



• Joining a club or volunteering



• Fitness & Wellbeing



• Food security



• Support for older adults & seniors

SOCIAL PRESCRIBING

- Social prescribing allows your health care professional to connect you with a social navigator.
- Social navigators provide personalized care based on your individual interests and goals and will help you access community supports that fit your preferences and needs.

DENTAL PROGRAMS

People without dental insurance may now be eligible for one of several government funded assistance programs that provide free or partial coverage to help cover the cost of preventive and essential dental treatment.

Children under the age of 18 in low income families may be eligible for free dental care through the Healthy Smiles Program

Free clinics to see if your children are eligible are held monthly at the WCHC in St Jacobs.

The new Canadian Dental Care Plan (CDCP) came into effect in December 2023 and started by enrolling seniors (aged 65 plus) and will introduce lower age groups over the next several months. If your family income is less than \$90,000 and you have no other form of dental benefits then you may qualify for assistance with your dental care costs.

Children under the age of 12 and adults with a valid Disability Tax Credit certificate can apply for this program in June 2024. All remaining eligible adults, aged 18-64, can apply starting in 2025. You can apply directly by phoning 1-833-537-4342

The Ontario Senior Dental Care Program (OSDCP) is a provincial program that provides free dental care to eligible low income seniors. Your income must be less than \$22,000 for a single person or less than \$37,100 for a couple with no other dental benefits.

We are excited to be running the OSDCP from our new dental clinic located inside our new health centre in Wellesley. (1401 Queensbush Road)

I am available Please feel free to contact: Margret Gohl, Oral Health Peer Worker 519-656-9025 to answer any questions you may have or help you with applications to any of these programs. She is also available to provide oral health presentations to groups/schools who may be interested.

OUR LOCATIONS:

St Jacobs – WCHC
10 Parkside Drive, St Jacobs

Wellesley – WTCHC
1401 Queensbush Road, Wellesley

Linwood – LNPO
3777 Manser Road, Linwood



THANK YOU!!!



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